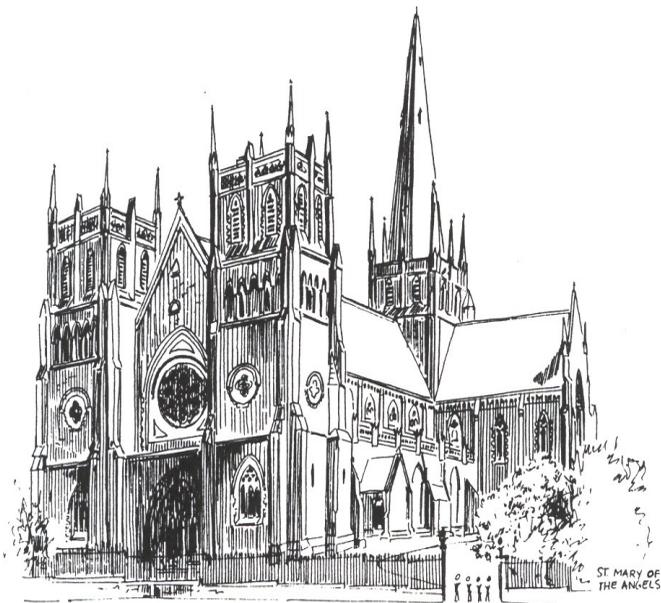


# St. Mary of the Angels Geelong

**Monday 23<sup>rd</sup> February 2026**

**Saturday 28<sup>th</sup> February 2026**



## **Daily Reflections**

**<http://www.creighton.edu/CollaborativeMinistry/daily.html>**

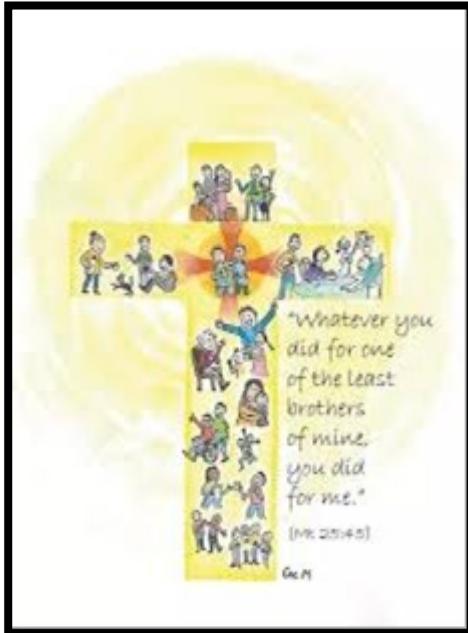
**MONDAY 23<sup>RD</sup> FEBRUARY 2026**

**1<sup>ST</sup> WEEK OF LENT**

*Leviticus 19: 1-2, 11-18, Psalm 18: 8-10, 15. R. John 6; 64,  
Matthew 25 : 31-46.*

*Reflection: Your words Lord, are spirit and life.*

The focus of the readings today is on the quality of relationship between the individual and the community, measured only by the way love expresses itself in action. As God says to Moses, this is the way to be 'holy'. In the Gospel, Jesus identifies himself with the hungry, thirsty stranger who is sick and in prison and needs clothing. *Whatever you did to one of the least of these brothers and sisters of mine, you did it to me.* Jesus is not talking about the nameless crowds who live on the margins of society. He is putting his face on those much closer to me, those whom I might meet today. I am to live my life through simple care of other. Where will I recognise the face of God today?



**TUESDAY 24<sup>TH</sup> FEBRUARY 2026**

**1<sup>ST</sup> WEEK OF LENT**

*Isaiah 55: 10-11, Psalm 33: 4-7, 16-19, R. v. 18, Matthew 6: 7-13*

*Reflection: Lord help us to turn to you in prayer*

Have you ever stopped outside and danced with delight as rain begins to fall after long weeks of drought, or gazed in awe as snow gently covers the ground? Isaiah assures us that God's word has that same transformative power. Just as the earth needs water to bring forth life, Jesus teaches his followers how to revive the places within our hearts that have dried up. In words of the Lord's Prayer he encourages us to acknowledge God's presence with us and our need of God's blessings and sustenance for our life. He reminds us of the importance of forgiveness and assures us that relationship with God is enhanced by being in right relationship with others. May I be open to receive the words of the readings this Lent, to plant them deep within me and allow them to grow and bear fruit.



**WEDNESDAY 25<sup>TH</sup> FEBRUARY 2026**

**1<sup>ST</sup> WEEK OF LENT**

*Jonah 3: 1-10, Psalm 50: 3-4, 12-13, 18-19, R. v 19, Luke 11: 29-32.*

*Reflection: Lord, on the day I called for help, you answered me.*

Jonah was given a task to do by God- to go to Nineveh and preach repentance. However, he boarded a ship and hastened in the opposite direction. During the trip he managed to get himself thrown overboard and was picked up by a whale who returned him to the shores of Nineveh. He then got on with his God-given task and found himself surprised by the way the Ninevites listened, took his words to heart and repented. Jonah spoke, they listened and acted immediately and so God forgave them. Like Jonah and the Ninevites I am invited this Lent to listen to God's voice, to turn back to God and to allow my heart to be changed. A humble, contrite heart, O God, you will not scorn says the psalmist. If I need a guide, who better do I have than Jesus who is the Way and the Truth towards life?



## THURSDAY 26<sup>th</sup> FEBRUARY 2026

### 1<sup>ST</sup> WEEK OF LENT

*Esther 4:17, Psalm 137: 1-3, 7-8, R. v.3, Matthew 7: 7-12*

#### *Reflection: Lord show us the path to life*

Experience tells me that 'faith' is trusting that God knows my needs better than I do and that my prayers may be answered in ways I have not anticipated. Why doesn't God always give me what I ask for? If I look at Esther, I notice she comes to God aware of her need for help but not feeling entitled to receive the answer she wants. She simply asked God to give her courage and knowledge so she can find the right words to say. Jesus encourages me to ask God for help, to seek answers and to knock til the door opens because God will always give good things. Perhaps I need to be open enough to realise what seems like a door closing may really be a door opening. What does God want to give me this Lent? I may have to take time to notice how God answers my prayers.



# FRIDAY 27<sup>th</sup> FEBRUARY 2026

1<sup>ST</sup> WEEK OF LENT

ST GREGORY

*Ezekiel 18: 21-28, Psalm 129, r. v. 3, Matthew 5: 20-26.*

*Reflection: Happy are they who follow the Lord.*

Ezekiel invites us to trust in God- to leave our sins behind, take responsibility for our lives and do what is right and just. Jesus invites us to think seriously about what we do- we may not actually kill a person but our angry and hurtful thoughts and words towards another may nonetheless turn us away from God and others. Lent is a good time to think about these invitations and seek reconciliation. The words of the psalmist inspire me to pray: *Out of the depths of my being I humbly come before you, God, asking once again for your mercy and forgiveness.* May the dawn of each new day remind me of your unconditional love for me with you. Let there be reconciliation and peace on earth and let it begin with me.



## SATURDAY 28<sup>th</sup> FEBRUARY 2026

### 1<sup>ST</sup> WEEK OF LENT

*Deuteronomy 26: 16-19, Psalm 118: 1-2, 4-5, 7-8. R. v. 1,  
Matthew 5: 43-48.*

*Reflection: Praise to you Lord Jesus Christ.*

*Love your enemies, pray for those who persecute you...be perfectionist as your heavenly Father is perfect. Jesus doesn't make it easy! The challenge of the Gospel today is to open our hearts to see and love everyone as God sees and loves them. Sometimes it takes a long time and much effort to be able to look beyond divisions and past hurts. But we also know healing can come when situations can be worked through in conversation, mediation processes or prayer. Where am I at the moment? Perhaps all I can do is pray for the grace to love as God loves and leave the rest to God.*



